

Subject: CGE Global Connections Weekly Newsletter
Date: Wednesday, August 5, 2020 at 4:54:41 PM Eastern Daylight Time
From: Cge-global-connection on behalf of cge-global-connection--- via Cge-global-connection
To: cge-global-connection@lists.fsu.edu
Attachments: ATT00001.txt

[Email not displaying correctly? View it in your browser.](#)



CENTER FOR GLOBAL ENGAGEMENT
Division of Student Affairs
Global Connections
Connect Locally. Engage Globally.

VIRTUAL INTERNATIONAL COFFEE HOUR

with the Hispanic Latinx Student Union



Join Us Friday for Virtual International Coffee Hour with the HLSU

Join us for Virtual International Coffee Hour with the Hispanic Latinx Student Union (HLSU) on Friday, August 7, at 5 p.m., and learn how to make Baked Chicken and Cheese Empanadas.

This event is in collaboration with HLSU's Summer Wellness Series, focusing on promoting positive nutritional, physical, and mental health within the FSU community.

"The Hispanic Latinx Student Union is looking forward to collaborating with the Center of Global Engagement during the International Coffee Hour in our event 'Vamos Comer/Vamos a Comer' to share one of the most popular Hispanic/Latinx dishes in the world, Baked Chicken and Cheese Empanadas," said Adela Larramendi, Director of HLSU. "With this first event of our Summer Wellness Event Series: 'Las Que No Iban A Salir' we want to promote nutritional health from home and demonstrate how easy it is to keep a balanced/cultural diet even during quarantine."

Carlos Garcia, HLSU Programming Coordinator and FSU senior studying psychology and criminology, will lead the cooking demonstration this week. He will be joined by Krystal Nieves, HLSU Programming Coordinator and FSU junior studying athletic training; Caroline Martins, HLSU Programming Coordinator and FSU junior studying international affairs; and Ashley Gonzalez, HLSU Programming Coordinator and FSU sophomore studying political science and international affairs, for HLSU's virtual presentation.

HLSU strives towards encouraging and enabling the academic, professional, and social success of Hispanic/Latinx students on campus through strengthening relationships and the cultural development of students on campus.

To join us, please sign up using [this link](#) once to receive a weekly email with the Zoom link and login instructions. For more information about Virtual International Coffee Hour and the full recipes, click the link below.

cge.fsu.edu/vch

More Upcoming Programs

Meditation Mondays

Meditation

**Every Monday
12–1 p.m. | Zoom**

Meditation Mondays

12–12:30 pm

Join the CGE for a virtual 20-minute guided mediation followed by open discussion and connection. To join us, please sign up using the link below once to receive a weekly email with the Zoom link and login instructions.

[Register for Zoom Link](#)

English Conversation Club



Monday – Friday
4–5 p.m. | Zoom

Join us for English Conversation Club Monday – Friday from 4–5 p.m. on Zoom. Virtual English Conversation Club now offers you the opportunity to practice your conversational English individually with a native English-speaking FSU student. Please sign up using the link below once to receive a daily email with the Zoom link and login instructions.

[Register for Zoom Link](#)

Connect Virtually with CGE



The CGE will continue to provide all immigration services for all international students, scholars, and FSU departments remotely. Additionally, the CGE will provide the FSU community with opportunities to connect and engage through Zoom. Click below for intercultural learning opportunities and events and opportunities to build community online.

cge.fsu.edu/connect



* Denotes a [Global Citizenship Certificate](#) qualifying event.

The Global Citizenship Certificate is designed to help undergraduate students maximize the rich cultural learning experiences available to them on campus, in the community, and abroad. Learn more: cge.fsu.edu/globalcitizen.

If you did not receive the link to this newsletter via email, [join our mailing list](#) to have the newsletter delivered directly to your inbox each week.



FLORIDA STATE UNIVERSITY
CENTER FOR GLOBAL ENGAGEMENT

If you no longer wish to receive these emails, you can [unsubscribe](#)

Florida State University Center for Global Engagement • 110 S. Woodward Avenue • Tallahassee, FL 32306 US •